

PRESENTACIÓN

Dear Friends;

As president of the Twirling L'Hospitalet Club it is a pleasure for our club to invite you to this 8th International Twirling Open "TROFEU CIUTAT DE L'HOSPITALET" that we plan to organize on **May 21 and 22, 2022.**

It is a purely friendly competition open to any club that wishes to participate, as long as it accepts the rules that govern it, and it will be organized entirely by the Twirling L'Hospitalet Club, with the collaboration of the Excm. Ajuntament de L'Hospitalet and the FEBD Twirling Commission, and those entities and organizations that wish to collaborate with us.



OPEN 2021
CLUB TWIRLING VIDRERES
WINNER

The objectives of the competition are not other than:

- Bring together the largest number of athletes of any level, giving much more relevance to the levels of initiation and intermediate, in an environment of sportsmanship and camaraderie, which allows them to celebrate and demonstrate their skills, outside the purely federal sphere.
- That it is the ideal platform for the beginning of a rapprochement between all the Twirling lovers, belonging to the organization they belong to, giving them the opportunity to share at least one day what they like.
- Open the door to this specialty to those clubs and athletes who are starting in the sport practice of Twirling, since we have scheduled a competition which we have named BASE, where the technical level is purely of Initiation.
- Convert this friendly competition into an international benchmark in southern Europe, where clubs from any country can participate.

Those who wish to share this event with us, you will be welcome and we will surely enjoy a day of Fairplay, which we will all make great.

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1. GENERALITIES

This Open Open, will be governed in general by the rules and competition code of the Twirling Commission of the FEBD (SAME WBTF).

Those clubs that are interested in taking part in it and do not have this Code, may request it by e-mail to the organization. However there are some variations that we detail below.

Registration must be completed and returned before **March , 30th** the deadline for registration, at: clubtwirlinghospitalet@hotmail.com

Those clubs that wish to participate, should send along with the inscriptions some information of the club:

- Foundation year
- Name of the president
- Full club photo

All the registered clubs will receive 3 free passes, which will be distributed as each one considers opportune.

The organization will prepare a magazine - program to publicize the event. Participating clubs will receive 5 units of the magazine - program for free.

During the competition the facility will have a bar-restaurant service (soon you will all receive more information)

All participants will receive a badge, which they must carry with them for the duration of the competition, 1 Badge .



Each club will receive 2 extra credentials (President + Coach)

Clubs may request more extra passes, if they wish, but they must pay € 15 for each extra pass.

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1.1 INSCRIPCIÓN FEES

Each registered participant must pay a registration fee of **15€**.
(not per exercise, but per registered athlete)

Registration fees must be paid by bank transfer before **April 15th. 2022**
When making the transfer, please indicate the name of your club

Account number:

Beneficiary: CLUB TWIRLING L'HOSPITALET

CAIXABANK

IBAN: ES92-2100-1150-8601-0121-5780

1.2 BROADCAST VIA STREAMING

Thanks to the agreement that the FEBD has with the digital platform **LaLiga Sports TV**, we are negotiating the streaming broadcast of the entire competition through said platform, which will be a great promotion of our discipline both nationally and internationally.



<https://www.laligasportstv.com/>

1.3 PLACE OF COMPETITION

The competition will take place on Monday **May 21th. and 22th 2022** in the COMPLEX ESPORTIU L'HOSPITALET NORD (L'Hospitalet de Llobregat)

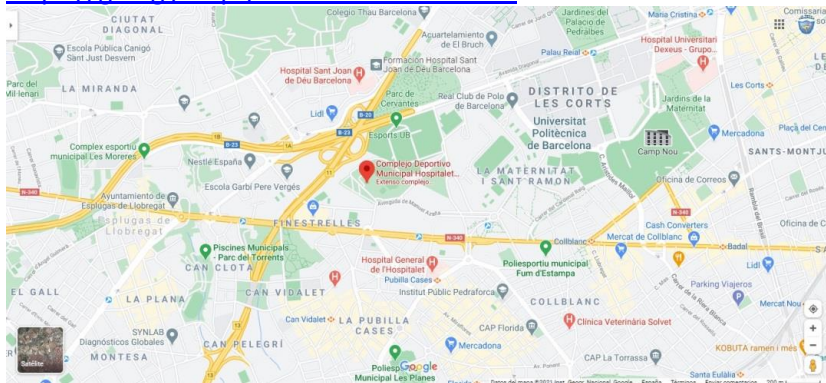
ADRESS:

Avenida Manuel Azaña, 21

08906 L'Hospitalet de Llobregat, Barcelona

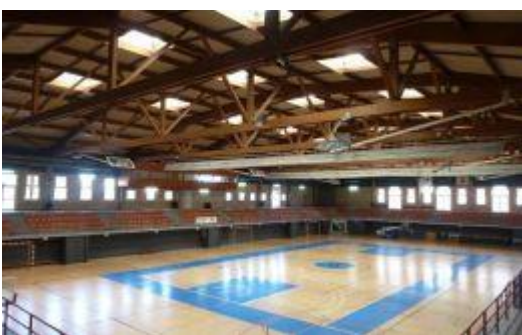
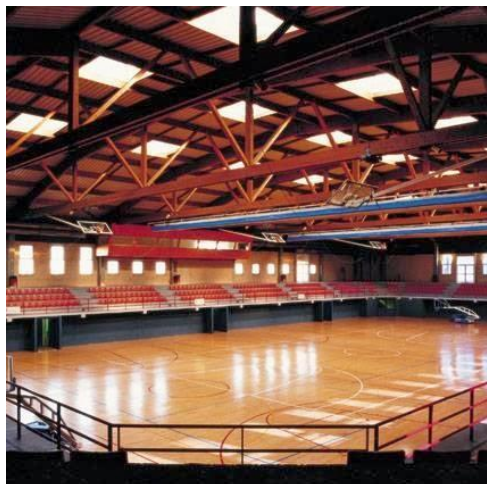
HOW TO GET? (click on link)

<https://goo.gl/maps/t9wCEhfdN5x5v3mK9>



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The sports hall is a sports space with a relevant degree of use in equipment. This consists of a special floating wood flooring approved for sports practice. This space has a minimum height of 8 free meters.

1.4 ACCOMMODATION

During the month of April we will send everyone information about the possible accommodations, as well as their prices, which we will negotiate to make them as economical as possible.

1.5 PUBLIC ENTRY PRICE

- Saturday 21: 10,00€
- Sunday 22: 10,00€
- Bonus 2 days: 15,00€

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2. AGES – CATEGORIES - LEVELS

The age of the athletes will be calculated in relation to the solar year (January 1 to December 31), regardless of the day and month of birth. These ages are applicable in all competition levels of the Open (Basic, B, A and ELITE)

2.1 INDIVIDUALS: SOLO 1 BASTON – FREE STYLE**CATEGORIES**

- Benjamín: from 6-7 years.
- Infantil: from 8 - 9 years.
- Cadete: from 10 - 11 years
- Juvenil: from 12 - 14 years.
- Junior: from 15 - 17 years.
- Senior: from 18 – 21 years.
- Adult: from 21 years o more

LEVELS

- (BASE, LEVEL B)
- (BASE, LEVEL B)
- (BASE, LEVEL B, LEVEL A)
- (BASE, LEVEL B, LEVEL A)
- (BASE, LEVEL B, LEVEL A, LEVEL ELITE)
- (BASE, LEVEL B, LEVEL A, LEVEL ELITE)
- (BASE, B, A, ELITE)

2.2 PAIRS**CATEGORIES**

- Benjamín: from 6-7 years.
- Infantil: from 8 - 9 years.
- Cadete: from 10 - 11 years
- Juvenil: from 12 - 14 years.
- Junior: from 12 - 17 years.
- Senior: from 18 years or more.

LEVELS

- (BASIC, LEVEL B)
- (BASIC, LEVEL B)
- (BASIC, LEVEL B, LEVEL A)
- (BASIC, LEVEL B, LEVEL A)
- (BASIC, LEVEL B, LEVEL A, LEVEL ELITE)
- (BASIC, LEVEL B, LEVEL A, LEVEL ELITE)

AGE CALCULATION: The age of the major component will be taken as reference.

TEAMS: (from 5 to 9 members)

CATEGORIES

- Infantil: from 6 - 9.99 years.
- Cadete: from 10 - 11.99 years
- Junior: from 12 - 17 years.
- Senior: from 17.1 years or more.

LEVELS

- (BASIC, LEVEL B)
- (BASIC, LEVEL B, LEVEL A)
- (BASIC, LEVEL B, LEVEL A, LEVEL ELITE)
- (BASIC, LEVEL B, LEVEL A, LEVEL ELITE)

CALCULATION AGE: The age of the components will be added and the result will be divided by the number of components of the Team. The resulting sum will determine the category.

IMPORTANT:

In this Elite Level, there aren't Content Restriction, so the registered athletes can perform the technique they deem appropriate.

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2.4 ARTISTIC GRUOPS (from 10 members)**CATEGORIES****ONLY ONE LEVEL**

- Cadete: from 06 - 11.99 years
- Junior: from 12 - 17 years.
- Senior: from 17.1 years or more.

CALCULATION AGE: The age of the components will be added and the result will be divided by the number of components of the Team. The resulting sum will determine the category.

3. JUDGES

The competition will be scored by a professional jury made up of a minimum of 3 Judges, plus the President of the Jury, empowered to judge. (WBTF system).

If any participating country wishes to contribute a judge to the competition, it must communicate this sufficiently in advance. (Maximum 1 judge per participating country).

These judges must have a good understanding of the WBTF scoring system.

The organization will take care of all your meals and will see the possibility of covering the cost of your hotel stay.

The competition judges will meet on FRIDAY, MAY 20, in the afternoon / evening before starting the competition. The meeting will be led by a Spanish Judge with a WBTF degree.

If the number of judges allows us, we will make two Judge tables.

4. AWARDS

All clubs will receive:

- 1 Cup or Trophy of participation.

All participants will receive:

- 1 participation medal.
- 1 accrediting Diploma

The first 6 classified in each specialty, category and level, will receive:

- 1 Medal (only the first 3)
- 1 Plate (4th, 5th and 6th)
- 1 accrediting Diploma.
- Teams and groups will receive 1 cup (only the first 3)
- 1 Plate (4th, 5th and 6th)The winning club of the Open will receive an accrediting trophy.

The Open winning club will receive a trophy that will accredit them as the absolute winner of the Open 2022

The calculation to determine the winning club of the Open, will be established by accumulation of points, for each one of the presented exercises.

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5. ORDER OF APPARENCE

The order of action will be given by a previous draw, made by the organization.

The competition will take place in the following order:

- Solo 1 Baton (music WBTF)
- Individual Free Style
- Pairs
- Teams

6. MUSICS

The music must be uploaded to a **DRIVE** that we will enable for each participating club.

All participating clubs must upload their music in mp3 format, in the DRIVE indicating:

- Name of the athlete - pair - team
- Level
- Age category

7. SCHEDULE (provisional)

Saturday 21:

- 08.00 h. Concentration of athletes
- 08.30 h. Presentation of participating clubs
- 09.00 h. Start competition
- 19.00 h. End competition

Sunday 22:

- 08.30 h. Concentration of athletes
- 09.00 h. Start competition
- 19.00 h. Awards

NOTE: The schedules are indicative and may vary for reasons of the competition.

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8. RESTRICTION CHART IN ALL CATEGORIES

RESTRICTION CHART SOLO 1 BATON – FREE STYLE – PAIRS - TEAMS			
MOVES	LEVEL BASIC	LEVEL B	LEVEL A
<u>SPINS</u>	1 Spin: Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions	1-2 Spins Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions 3 Spins Baton Standard Release Standard Reception Body No Restrictions	1-2-3 Spins Baton Releases No Restrictions Reception No Restrictions Body Releases No Restrictions Reception No Restrictions 4 Spins Baton Standard Release Standard Reception Body No Restrictions
<u>AERIAL GYMNASTIC</u>	Not Allowed with or without the toss.	Not Allowed with or without the toss.	Aerial cartwheels ONLY (1) under the toss Baton Releases No Restrictions Reception No Restrictions Body Minor body moves on release only are allowed Reception No Restrictions Aerial Cartwheels cannot be used in combination with any other body move No other aerial gymnastic moves allowed
<u>STATIONARY AND TRAVELLING COMPLEX</u>	Single MINOR body move under the toss Baton Standard Release Standard Reception Body No Restrictions No limited number	Single MAJOR body move under the toss Baton Standard Release Standard Reception Body No Restrictions No limited number	Single major body move with 2 spins under toss Baton Standard Release Standard Reception Body No Restrictions Double major body move is allowed under the toss, either traveling or stationary Baton Standard Release Standard Reception Body No Restrictions Double Major Tricks are allowed, either Stationary or Travelling. No limited number
<u>DOUBLES ELEMENTS TRICKS</u>	Not Allowed under the toss	Not Allowed under the toss	Double major body moves are allowed under the toss, either traveling or stationary No limited number Baton Standard Release Standard Reception Body No Restrictions
<u>ROLLS</u>	No Restrictions	No Restrictions	No Restrictions
<u>CONTACT MAT.</u>	No Restrictions	No Restrictions	No Restrictions

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ARTISTIC GROUPS	
MOVES	LEVEL BASIC
<u>SPINS</u>	<p>1 / 2 Spins:</p> <p>Baton Releases No Restrictions Reception No Restrictions</p> <p>Body Releases No Restrictions Reception No Restrictions</p>
<u>AERIAL GYMNASTIC</u>	Not Allowed with or without the toss.
<u>STATIONARY AND TRAVELLING COMPLEX</u>	<p><u>ONLY ONE major movement is allowed under the toss.</u> <u>Ex. Illusion, Walkover.</u></p> <p>Baton Standard Release Standard Reception</p> <p>Body No Restrictions</p> <p>No limited number</p>
<u>DOUBLES ELEMENTS TRICKS</u>	Not Allowed under the toss
<u>ROLLS</u>	No Restrictions
<u>CONTACT MAT.</u>	No Restrictions

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9. TIMES

SOLO 1 BATON

CATEGORY	BASIC LEVEL	LEVEL B	LEVEL A	ELITE
BENJAMIN	1,44	1,44	NO	NO
INFANTIL	1,44	1,44	NO	NO
CADETE	1,44	1,44	1,44	NO
JUVENIL/JUNIOR	1,44	1,44	1,44	1,44
SENIOR	1,44	1,44	1,44	1,44
ADULT	1,44	1,44	1,44	1,44

FREE STYLE

CATEGORY	LEVEL BASIC	LEVEL B	LEVEL A	ELITE
BENJAMIN	1,00	1,00 - 1,30	NO	NO
INFANTIL	1,00	1,00 - 1,30	NO	NO
CADETE	1,00	1,00 - 1,30	1,30 - 2,00	NO
JUVENIL/JUNIOR	1,00	1,30 - 2,00	1,30 - 2,00	1,30 - 2,00
SENIOR	1,00	2,00 - 2,30	2,00 - 2,30	2,00 - 2,30
ADULT	1,00	2,00 - 2,30	2,00 - 2,30	2,00 - 2,30

PAIRS

CATEGORY	LEVEL BASIC	LEVEL B	LEVEL A	ELITE
BENJAMIN	1,00	1,00 - 1,30	NO	NO
INFANTIL	1,00	1,00 - 1,30	NO	NO
CADETE	1,00	1,30 - 2,00	1,30 - 2,00	NO
JUNIOR	1,00	1,30 - 2,00	1,30 - 2,00	1,30 - 2,00
SENIOR	1,00	2,00 - 2,30	2,00 - 2,30	2,00 - 2,30

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TEAMS

CATGEORY	BASIC LEVEL	LEVEL B	LEVEL A	ELITE
INFANTIL	1,30 - 2,00	2,00 - 2,30	NO	NO
CADETE	1,30 - 2,00	3,00 - 3,30	3,00 - 3,30	NO
JUNIOR	1,30 - 2,00	3,00 - 3,30	3,00 - 3,30	3,00 - 3,30
SENIOR	1,30 - 2,00	3,00 - 3,30	3,00 - 3,30	3,00 - 3,30

GROUPS

CATEGORY	ONLY ONE LEVEL
CADETE	3,00 - 3,30
JUNIOR	3,00 - 3,30
SENIOR	3,00 - 3,30

All exercises will have 10 seconds of tolerance time, both by default and by excess of official time.

10. COSTUME

A) Male / Female:

The costumes are totally free, but participants must remember that it is a SPORTS event. Any fabric and color is allowed.

- The shoes can be of any color. They can be Twirling, gymnastics, jazz or dance.
- In the locker room, any ornament is allowed except wire or fasteners with wires (for security).
- The use of any wall lamp is allowed in the hair.
- Hats or caps are not allowed on the head. No color lacquers are allowed on the hair.
- The use of watches, bracelets, chains, rings is prohibited.
- Only earrings such as stones, pearls, or similar are allowed. Hanging earrings are not allowed.
- For safety, fantasy makeup on the face (sequins, stones or drawings) is NOT allowed.

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11. DEFINITION OF TERMS:

Walkovers can be front or back.

- **Standard Reception** – (refers to type of catch) Vertical or Horizontal RH or LH catch or RH or LH grab.
- **Standard Release** – Vertical RH or LH thumb toss. Vertical RH or LH backhand toss or Horizontal, RH or LH forward or reverse.
- **Major Body Moves:** A move that requires significant control, flexibility, strength, amplitude and extension. This classification includes any body move desired and includes moves such as: Illusions, walkovers, leaps, or jumps (of any type), sauté arabesque, attitude, grand battement, sauté de basque, tour jeté, cabriole, forward or reverse. These moves will be approximately 3 or more counts in duration.
- **Minor Body Moves:** A move that does not require significant control, flexibility, strength, amplitude, or extension and additionally does not require horizontal or vertical reorientation to the baton (no body rotations <turns>) or maneuvering the body upside down (illusions, bows, etc). These moves will be approximately 2 counts in duration. This classification includes moves such as: hop, skip, chassé, piqué, step-step, and coupé, sauté. This category will often be used as preparation or follow through movements. *Refer to the definition of terms not defined in this chart*

ATTENTION: The chaine' turn is in the same classification as spin. Ex. Single chaine turn = 1 spin; double chaine turn = 2 spins

12. PENALTYS

DROPS	
0.2 Points	Free Style, Pairs and Teams Level Basic and B
0.75 Points	Free Style Levels A - ELITE
1.0 Point	Pairs, Teams Levels A - ELITE
1.0 Point	Solo 1 Baton
TIMES	TO OVERCOME OR NOT TO ARRIVE AT TIME LIMITS
5.0 Points	All specialities, Levels and Age Categories.

CONTENT RESTRICTION PENALTIES:

The following penalties deducted for including material that is more than the written restrictions above shall be assessed for each illegal element:

	Solo	Free Style / Pairs	Team
Penalty Assessed	1 point per penalty per judge	1 point per penalty per judge	10 points per penalty per judge

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13. SCORE SISTEM

EVENTS:

SOLO 1 BATON, FREESTYLE, PAIRS & TEAMS

The classification system will be used by each Judge (not by scores), that is, each judge will issue a score that will be displayed to determine their own classification.

Then the following steps will be used:

Step # 1 - Any exercise that receives a majority of first places will determine the first place winner only.

If there is not a majority of first places that determine the winner, they will be counted by adding the rankings of each judge (adding the places each athlete received). The points awarded by each judge to give a place in the classification, determine all other locations only (from lowest to highest).

Example: If an exercise receives 1st place from one judge and 2nd place from the other two judges, that athlete's ranking points would add up to 5.

EXERCISE No. 1:

JUDGE 1:	1st
JUDGE 2:	3rd
JUDGE 3:	5th
SUM:	9th place

EXERCISE No. 2:

JUDGE 1:	1st
JUDGE 2:	2nd
JUDGE 3:	2nd
SUM:	5th place

Step # 2 - When there is no majority of first-timers and there is a TIE on the place points, we will base ourselves on the total numerical total score of all the judges. The highest total score breaks the tie and determines the ranking.

Step 3: If Step 1 and Step 2 have been followed and there is still a tie, it will remain unbreakable.

Each Judge will issue a score to each exercise to carry out their classification, the exercise with the highest score will receive 1 point, the second classified 2 points, the third classified 3 points, and so on.

This means that the exercise with the highest score will receive fewer points, to determine the classification by points and not by score.

In case of a tie for third place, there will be NO fourth place, the next will be ranked fifth.

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The points by classification of each judge will be added, and the exercise that receives the least points will be the first classified (it will really be the exercise best valued by score among all the judges)

NAME	CLUB	PENALTY JUDGE DROPS = 0.1 EACH	JUDGE Nº1				JUDGE Nº 2				JUDEGE Nº 3				TOTAL SCORES	FINAL SCORE	PLACE POINTS	TIES			
			SCORE	PENALTY DROPS	FINAL SCORE	PLACE POINTS	TIES	SCORE	PENALTY DROPS	FINAL SCORE	PLACE POINTS	TIES	SCORE	PENALTY DROPS					FINAL SCORE	PUNTOS	EMPATES
Nº 1	A	2	1,80	0,2	1,60	6	T	2,00	0,20	1,80	4	T	2,00	0,4	1,60	5		5,00	15	6	T
Nº 2	B	0	1,60	0	1,60	6	T	1,70	0,00	1,70	6		1,80	0	1,80	3		5,10	15	6	T
Nº 3	C	3	2,00	0,3	1,70	4		2,20	0,30	1,90	3		2,30	0,6	1,70	4		5,30	11	3	
Nº 4	D	2	2,10	0,2	1,90	2		2,30	0,20	2,10	2		2,50	0,4	2,10	2		6,10	6	2	
Nº 5	E	0	2,00	0	2,00	1		2,40	0,00	2,40	1		2,60	0	2,60	1		7,00	3	1	
Nº 6	F	1	1,90	0,1	1,80	3		1,90	0,10	1,80	4	T	1,70	0,2	1,50	6		5,10	13	4	

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